

# COMMON DIAGNOSIS CODES FOR NUTRITION THERAPY

## WEIGHT MANAGEMENT

E66.0 Obese due to excess calories  
E66.01 Morbid (severe) obesity due to excess calories  
E66.1 Drug induced obesity  
E66.2 Extreme obesity with alveolar hypoventilation (Pickwickian Syndrome)  
E66.3 Overweight  
E66.8 Other obesity  
E66.9 Obesity, unspecified - obesity NOS  
R62.51 Failure to thrive, child  
R63.4 Abnormal weight loss  
R63.5 Abnormal weight gain  
R63.6 Underweight  
Z68.1 BMI 19 or less, adult  
Z68.51 BMI, pediatric, less than 5th%/age

## MENTAL & BEHAVIORAL

F50.00 Anorexia nervosa, unspecified  
F50.01 Anorexia nervosa, restricting type  
F50.02 Anorexia nervosa, binge eating/purging type  
F50.2 Bulimia nervosa  
F50.8 Other eating disorder  
F50.9 Eating disorder, unspecified

## LABORATORY

R73.01 Impaired fasting glucose  
R73.03 Pre-diabetes  
D50.8 Other iron deficiency anemias  
D50.9 Iron deficiency anemia, unspecified  
D51.3 Other dietary vitamin B12 deficiency anemia  
D52.0 Dietary folate anemia  
D64.9 Anemia, unspecified

## ADULT OBESITY

Z68.30 BMI 30.0-30.9  
Z68.31 BMI 31.0-31.9, Z68.32 BMI 32.0-32.9  
Z68.33 BMI 33.0-33.9, Z68.34 BMI 34.0-34.9  
Z68.35 BMI 35.0-35.9, Z68.36 BMI 36.0-36.9  
Z68.37 BMI 37.0-37.9, Z68.38 BMI 38.0-38.9  
Z68.39 BMI 39.0-39.9, Z68.41 BMI 40.0-44.9  
Z68.42 BMI 45.0-49.9, Z68.43 BMI 50.0-59.9  
Z68.44 BMI 60.0-69.9, Z68.45 BMI > 70.0,

## CIRCULATORY SYSTEM

I10 Essential (primary) hypertension  
I11.0 Hypertensive heart disease with (congestive) heart failure  
I11.9 Hypertensive heart disease without (congestive) heart failure  
I12 Hypertensive chronic kidney disease  
I25 Chronic ischemic heart disease  
I50 Heart failure

## DIGESTIVE SYSTEM

K21.0 Gastroesophageal reflux disease with esophagitis  
K21.9 Gastroesophageal reflux disease without esophagitis  
K25 Gastric ulcer  
K27 Peptic ulcer, site unspecified  
K29.5 Unspecified chronic gastritis  
K29.7 Gastritis, unspecified  
K44 Diaphragmatic hernia  
K50.9 Crohn' disease, unspecified  
K51 Ulcerative colitis  
K57.1 Diverticulosis of small intestine  
K57.3 Diverticulosis of large intestine  
K58 Irritable bowel syndrome  
K59 Constipation  
K59.1 Functional diarrhea  
K70.3 Alcoholic cirrhosis of liver  
K86.0 Alcohol-induced chronic pancreatitis  
K90.0 Celiac disease  
K52.2 Allergic & dietetic gastroenteritis & colitis

## KIDNEY

N18.5 Chronic kidney disease, stage 5  
N18.4 Chronic kidney disease, stage 4  
N18.32 Chronic kidney disease, stage 3b  
N18.31 Chronic kidney disease, stage 3a  
N18.2 Chronic kidney disease, stage 2  
N18.1 Chronic kidney disease, stage 1  
Z48.22 Encounter for aftercare following kidney transplant  
Z94.0 Kidney transplant status

## ENDOCRINE SYSTEM

E78.0 Pure hypercholesterolemia  
E78.1 Pure hyperglyceridemia  
E78.2 Mixed hyperlipidemia  
E78.3 Hyperchylomicronemia  
E78.4 Other hyperlipidemia  
E78.5 Hyperlipidemia, unspecified  
E78.8 Other disorders of lipoprotein metabolism  
E78.9 Disorder of lipoprotein metabolism, unspecified  
E88.81 Metabolic syndrome  
E03.9 Hypothyroidism, unspecified  
E05.90 Thyrotoxicosis, unspecified  
E16.1 Other hypoglycemia  
E16.2 Hypoglycemia, unspecified  
E28.2 Polycystic ovarian syndrome  
E73.0 Congenital lactase deficiency  
E73.1 Secondary lactase deficiency  
E73.8 Other lactose intolerance  
E73.9 Lactose intolerance, unspecified  
E84 Cystic fibrosis  
M1A.9 Chronic gout, unspecified  
M10.3 Gout due to renal impairment  
M10.4 Other secondary gout  
M10.9 Gout, unspecified  
E10.\_\_\_ Type 1 diabetes mellitus  
E10.9 Type 1 diabetes mellitus without complications  
E11.\_\_\_ Type 2 diabetes mellitus  
E11.9 Type 2 diabetes mellitus without complications